

Common Diagnoses for Referral to Physical Therapy

Cervical (Neck)

- Whiplash
- Cervical Pain
- Cervical Radiculopathy
- Postural Dysfunction
- Vertebral Hypomobility
- Thoracic Pain

Lumbar (Back)

- Low Back Pain – acute/chronic
- Herniated and Bulging Discs
- Lumbar Radiculopathy
- Sciatica
- Vertebral Joint Instability
- Muscle Strain / Sprain
- Spinal Stenosis, Spondylolisthesis, Scoliosis
- Sacroiliac Joint Dysfunction
- Lumbar Osteoarthritis

Shoulder

- Rotator Cuff Tears
- S/P Rotator Cuff Repair
- Impingement Syndrome
- Bicipital or Supraspinatus Tendonitis
- Adhesive Capsulitis (Frozen Shoulder)
- Scapular Dyskinesia
- Shoulder Instability / Dislocations
- Shoulder Osteoarthritis

Elbow

- Lateral Epicondylitis (Tennis Elbow)
- Medial Epicondylitis (Golfer's Elbow)
- S/P FX, ORIF, or Dislocation
- Radial Tunnel Syndrome
- Olecranon Bursitis
- Cubital Tunnel Syndrome

Wrist and Hand

(Certified Hand Therapists available)

- Carpal Tunnel Syndrome
- CMC Joint Pain / Arthritis
- DeQuervian's Tenosynovitis
- Dupuytren's Contracture
- S/P FX, Tendon Repair
- Rheumatoid Arthritis

Hip

- Hip Osteoarthritis
- S/P THA
- Trochanteric Bursitis

Knee

- Patellofemoral Pain / Chondromalacia
- Patellar Tendonitis
- ACL / PCL Reconstruction
- Meniscal Repairs
- MCL/LCL Sprain
- ITB Tendonitis
- Instability
- S/P FX, ORIF, TKA, Patellar Dislocation
- Knee Osteoarthritis

Ankle

- Sprains / Strains – acute/chronic
- S/P FX or Fusion
- Gait Deviations
- Achilles Tendonitis, Rupture

Foot

- Plantar Fasciitis
- Biomechanical Assessment of foot to determine need for orthotics

We strive to be your first choice for all musculoskeletal, non-surgical and post-operative diagnoses.

For more information, including a list of SSM Rehab Outpatient Physical Therapy locations:

Contact SSM Rehab at 1(800) 818-9494 or go to www.ssmrehab.com