

From hospital to home, SSM Rehabilitation Hospital offers a program specially designed for every rehabilitation need.

- ▶ Coordinated rehab care throughout a patient's recovery.
- ▶ Convenient access with locations across greater St. Louis.
- ▶ Seamless transition along the continuum of services as recovery progresses.

Our Goal: *To help individuals achieve a quicker recovery after injury or illness.*

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Comprehensive rehabilitation at the crucial early stages of medical recovery for individuals with brain injury; stroke and other neurological conditions; spinal cord injury; orthopedic injury; and general rehabilitation, including amputation, major multiple trauma, and diagnoses that cause weakness and debilitation. SSM Rehabilitation Hospital is the largest inpatient rehab hospital in the St. Louis area, ensuring the experience and resources to provide expert care.

Designed for individuals needing:

- ▶ Specialized 24-hour hospital-based medical care
- ▶ 24-hour rehab nursing care
- ▶ Intensive rehabilitation at least three hours a day, including physical, occupational and speech therapy

Plus: Neuropsychology services to help patients and families adjust to changes

UO 'HOMEWARD BOUND

This innovative program serves individuals who do not need or do not qualify for inpatient rehabilitation, but are not yet ready to return home after injury, illness or surgery. UO 'Homeward Bound rehab centers enable patients to continue progressing in therapy skills needed to live at home and in the community.

Designed for individuals needing:

- ▶ Primary care and rehab physician oversight
- ▶ 24-hour nursing care
- ▶ Rehabilitation based on individual needs: physical, occupational and/or speech therapy

UO 'DAY INSTITUTE REHABILITATION

The UO 'Day Institute offers individuals the advantages of living at home while receiving a combination of multiple therapies in a structured, supervised environment during the day. Through therapy, recreational activities, and exercise, the focus is on maximizing independence and skills for daily living at home and in the community.

Designed for individuals needing:

- ▶ No need for 24-hour medical or nursing care: live at home
- ▶ Day program for multiple therapy needs: physical, occupational and/or speech therapy
- ▶ Recreational therapy; social and neuropsychology services available

Plus: Transportation services available (within certain areas, at low or no cost)

UO 'PHYSICAL THERAPY

SSM Rehabilitation Hospital offers a full scope of physical therapy services and many specialty programs for a wide range of conditions - from orthopedic problems, sports injuries and spine care, to therapy for hand injuries and pain, work injuries, and recovery from hip or knee replacement.

Designed for individuals needing:

- ▶ General or specialty physical therapy for single therapy needs on an outpatient basis

Plus: 20 locations throughout metro St. Louis